



Participant Rights

- You have the right to get clear information about your mental health and treatment.
- You have the right to get complete information about your treatment choices, including other options and treatments you can do yourself
- You have the right to know the risks, benefits, and possible results of your treatment, including the choice to not get treatment.
- You have the right to get services that fit your age and culture in a place that is easy for you to access.
- You have the right to get services without discrimination based on your race, beliefs, where you come from, religion, gender, sexual orientation, age, or disability
- You have the right to practice your religion, as long as it does not affect others or your treatment. You also have the right to refuse any religious activities.
- You have the right to get help and support if you have a disability, trouble communicating, speak limited English, or have cultural needs
- You have the right to ask for a certified interpreter and translated materials at no cost to you.
- You have the right to be treated with respect, dignity, and privacy, no matter your race, gender, veteran status, religion, marital status, where you come from, disability, age, sexual orientation, or ancestry.
- We respect the dignity and independence of everyone we serve. To keep the clinic safe, staff may check for dangerous items only when needed to protect you or others. These checks will be as quick and private as possible, done during intake or if there is real safety concern. Our goal is to reduce harm, support recovery, and provide care in the most respectful way.
- You have the right to never be restrained or isolated as punishment, for staff convenience, to force you to do something, or as retaliation.
- You have the right to choose a qualified behavioral health provider when one is available, and it is medically needed.
- You have the right to have your personal and medical information kept private, following all state and federal confidentiality laws.
- You have the right to report to the state if you believe the agency has broken a rule for behavioral health services.
- You have the right to be free from sexual harassment and from any kind of exploitation, including physical or financial

- You have the right to take part in decisions about your care, including helping make your treatment plan and getting a copy if you want, saying no to treatment, and sharing your wishes for future care.
- You have the right to make and keep a mental health advanced directive under state law. This includes getting help to create one and choosing who will make medical decisions for you if you cannot.
- You have the right to look at your clinical record with the administrator or their designee and ask for changes or corrections.
- You have the right to ask for and get a copy of your medical record and to be told if there is any cost.
- You have the right to be told about your rights when you start services and anytime you ask. These rights are always protected.
- You have the right to use your rights without being punished or treated unfairly.
- When you start services or anytime you ask, we will give you information on how to tell the state if you think your rights were not respected.
- If you need help with your rights, no matter your insurance, income, ability to pay, or where you live, you can contact:
 - Office of Behavioral Health Advocacy call: 1-800-366-3103.
 - Office of Civil Rights at <http://www.hhs.gov/ocr>.